



Advancement Via Individual Determination

**North Salinas High School  
Home of the Vikings**

*AVID's mission is to close the achievement gap by preparing all students for college readiness and success in a global society.*



AVID (Advancement Via Individual Determination) is an internationally recognized program designed to prepare students for success in colleges and universities. AVID students enroll in college preparatory classes and in an AVID elective class.

The AVID curriculum focuses on developing the study skills and academic skills necessary for success in high school and beyond. The AVID program offers college preparatory activities, skill development, career building, personal mentoring, and group tutoring.

### **Who Can Be In AVID?**

Students in AVID are most often historically underrepresented students in four-year colleges (ethnic minority and/or low income and/or first generation college and/or special circumstances) who fit into one or more of these categories below:

- ❑ want to be in the program
- ❑ have the potential and the desire to go to college
- ❑ are serious about succeeding in school
- ❑ possess individual determination and a sense of responsibility
- ❑ have a 2.0-3.5 GPA
- ❑ have good attendance
- ❑ have a good behavior record
- ❑ have average to high standardized test scores

### **What Will I Do in an AVID Class?**

**Skill Development:** You will practice skills such as note taking, organization, time management, and test-taking. You will also improve academic skills in the following areas: reading, writing, public speaking, and critical thinking.

**College Preparatory Activities:** You will learn about a variety of colleges and universities through guest speakers, field trips, and research. You will also learn about the requirements for getting into specific colleges and universities.

**Personal Mentoring:** Your AVID teacher will monitor your progress and help you set future goals at individual conferences. Your AVID teacher will also communicate with your other teachers and act as an advocate on your behalf.

**Tutoring:** Twice weekly, you will work in tutorial groups with a college or student-trained tutor to go over essential questions, provide extension to material, and a guiding process to understand difficult material and study for tests.

**Career Building:** You will explore career options through research to determine what education level is required for specific careers. Regular guest speakers will share their professional experiences and careers with the class.

**Classroom Community:** You will participate in many community building activities with you classmates, where hopefully, you will build strong relationships and learn to trust each other. You will have the opportunity to improve your interpersonal, communication and leadership skills.

## North Salinas High School AVID

Within the past 5 years, students in the AVID elective have visited the following college campuses:

- UC Santa Cruz
- UC Davis
- UC Merced
- Cal State Maritime
- Cal Poly San Luis Obispo
- CSU East Bay
- CSU Sacramento
- Fresno State
- San Jose State
- San Francisco State
- Santa Clara University
- Stanford University

### How Do I Enroll in AVID?

1. Attend/Receive an AVID Information session.
2. Fill out the AVID application (Paper or Online)
3. Ask your teacher to fill out a recommendation form.
4. Return forms to North Salinas High School Attn: AVID

Please contact us if you have any questions about the AVID program:

831-796-7500 ext 2683

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### AVID Four Year Plan 2016-2017

<u>Incoming Summer</u>	<u>Grade 9</u>	<u>Summer</u>	<u>Grade 10</u>	<u>Summer</u>	<u>Grade 11</u>	<u>Summer</u>	<u>Grade 12</u>
PE*	English 1-2 (or GATE) (AVID)	Health (10th)	English 3-4 (or GATE)	Bus Tech	English 5-6 or AP	Hartnell Course or University Summer Program	English 7-8 or AP
Bus Tech*	Biology (AVID)	PE	Physics/ Chemistry/ Chem (H)	Hartnell Course or University Summer Program	Chem/Chem (H)/Physics/AP Phy/Bio 3-4/Marine Bio/AP Bio/APES (Environmental Science)	ROP Course	Chem/Chem (H)/Physics/AP Phy/Bio 3-4/Marine Bio/AP Bio
Health*	Math 1 or Math 1 ADV (AVID)	Math 2 H	Math 2/Math 2 H/Math 3H	PE	Math 3/ Math 3 H /AP Calculus/AP Statistics	Bus Tech	AP Calculus/Math Analysis/Stats/Trig/AP Stats
*If possible as incoming	Foreign Language	Bus Tech	World History (or GATE)	Health	U.S. Hist (or AP)	PE	Gov/Econ/AP
	AVID 1	*Health class block is made for AVID students during the summer	AVID 2	*A summer course must be made for AVID students	AVID 3	Health	AVID 4
	PE		Foreign Language/(AP course if ready)		PE/Foreign Language	*A summer course must be made for AVID students	PE/Foreign Language/Art
			*Must postpone PE with Wavier to later year/summer				